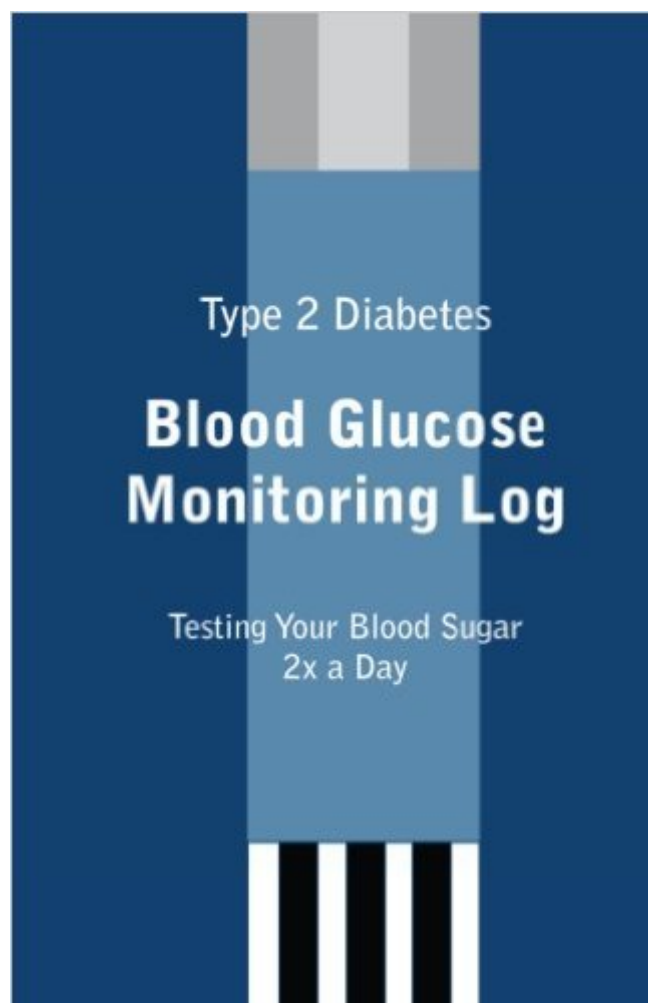


The book was found

Type 2 Diabetes Blood Glucose Monitoring Log



Synopsis

This is a log book that will help you keep track of your daily blood glucose levels, medication(s), diet and exercise. I created this book to help me manage my Type 2 diabetes and hope that others will find as helpful to them as it has been to me since I was diagnosed with diabetes and began testing my blood glucose levels with a glucometer. Recording my levels, exercise and foods has helped me spot trends and problems. I recommend this book to anyone in a similar situation.

Book Information

Paperback: 72 pages

Publisher: CreateSpace Independent Publishing Platform (March 8, 2011)

Language: English

ISBN-10: 1460989139

ISBN-13: 978-1460989135

Product Dimensions: 5.5 x 0.2 x 8.5 inches

Shipping Weight: 5.1 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (8 customer reviews)

Best Sellers Rank: #1,009,113 in Books (See Top 100 in Books) #73 in Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > Type 2 #714 in Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General #4531 in Â Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases

Customer Reviews

I looked many places for something like this and it was the only thing I could find for this purpose. It works pretty well. I just wish there were room for comments at the end of each day. There is no place to note if you have an unexpected drop in blood glucose, other problems or special successes.

We were looking for a log that would accommodate multiple daily tests. This matched most of our requirements and with a few modifications of our own it works out great.

doctors office loved the format, I only wish it was for about 4 months instead of two since that's the break for my appointments.

Loved this book ,just wish it had more room for more enteries,I have more than 2 entries

sometimes., sometimes not

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